



## Starter Information LAKE GARDA 42

### Start eligibility

Just correctly registered and signed up athletes can participate in the race. Your registration is valid, only when we obtained your full and correct personal data and you paid the registration fees (excluded cases of special authorization by the organizer).

Each runner will receive a race number at the race package pick-up. The race number needs to be worn on the chest.

### Timetable

#### Friday, 2022 April 1<sup>st</sup>

03.00pm to 08.00pm

Race Package Pick-Up (Pala Vela Riva, Via Giancarlo Maroni, 2)

#### Saturday, 2022 April 2<sup>nd</sup>

12:00pm to 08.00pm

Race Package Pick-Up (Pala Vela Riva, Via Giancarlo Maroni, 2)

06.00pm

Start LAKE GARDA KIDS (Pala Vela Riva, Via Giancarlo Maroni, 2)

#### Sunday, 2022 April 3<sup>rd</sup>

08.30am

Opening Start Area (Lungolago, Limone)

08:45am

End of baggage drop-off marathon (Limone)

09.00am

Start LAKE GARDA 42 (Lungolago, Limone)

09:30am

End of baggage drop-off half marathon (Arco)

09.45am

Start LAKE GARDA 21 (Piazza della Canoniche, Arco)

10.00am to 04.00pm

BLACKROLL Recovery Area Malcesine

01.00pm

Award Ceremony LAKE GARDA 42 + 21

(Top 3 Women, Men)

(Via Paina, Malcesine)

03.40pm

End of LAKE GARDA 42 + 21

### Race package Pick-Up

You can pick up your race package during the following times:

#### Friday, 2022 April 1<sup>st</sup>

03.00pm to 08.00pm

Race Package Pick-Up (Pala Vela Riva, Via Giancarlo Maroni, 2)

#### Saturday, 2022 April 2<sup>nd</sup>

12:00pm to 08.00pm

Race Package Pick-Up (Pala Vela Riva, Via Giancarlo Maroni, 2)



We recommend picking up the race number and goody bag as soon as possible, since long waiting times and lines could occur on race day. **Please bring your registration confirmation and your medical certificate.**

If a discount is applied to your participation fee, please also bring a valid ID.

### **Medical certificate**

All participants must have a medical certificate that is no more than one year old. Participants who have been ill with Covid-19 must complete a new health test after recovery.

### **Shuttle/Parking**

There are public car parks at the start and finish points (Limone, Arco, Malcesine) which can be used. Please be aware of the road closures!

We also offer a shuttle service to take you to the various locations. By presenting your race number, you will be taken along free of charge. The shuttle service is limited for participants.

Shuttle times are as follows:

Riva – Arco (Bus): 7:30 am, 8:00 am, 8:30 am, 9:00 am

Malcesine – Arco (Bus): 7:45am

Riva – Limone (Ferry): 7:35 am

Malcesine – Limone (Ferry): 7:45 am, 7:55 am

Malcesine – Limone – Riva (Ferry): 2:30 pm, 4:15 pm

Malcesine – Torbole – Arco (Bus): 2:25 pm, 4:00 pm

In the afternoon, you can also travel free of charge on the ships in regular service on the upper lake (Riva-Torbole-Limone-Malcesine) (not express services). By showing your Navigarda bracelet (included in the race package) at the ticket office you will get a free ticket.

Stops:

Riva (Bus): Parcheggio Centro (Via Filz 3)

Malcesine (Bus): Parcheggio Paina (Via Paina)

Arco (Bus): Foro Boario (Via della Cinta 32)

Riva (Ferry): Centro (Piazza Catena)

Malcesine (Ferry): Centro (Piazza Guglielmo Marconi 12)

Limone (Ferry): Centro (piazzale Carlo Gerardi)

**The use of the shuttles is only possible with a Green Pass and a FFP2 mask!**

### **Changing rooms & luggage drop-off points**

Changing rooms are available on the whole event area. You can drop off your starting bag with personal changing clothes at the start in Limone and in Arco. The bag needs to be labeled with the provided tag. The bag can then be picked up at the finish line in Malcesine. The organizer will not take any responsibility for theft.



**The bags can be handed in up to 15 minutes before the start: 8:45 am (marathon), 9:30 am (half marathon)**

### **Timing**

Every participant needs to wear their own personal race number, since the time measurement chip is attached to it. Thus, race numbers cannot be exchanged and needs to be worn on the chest.

### **WC**

Toilets are available on the whole event area and are marked accordingly. There are toilets at all feeding zones along the route.

### **Start lane**

Only participants wearing a race number and their official LAKE-GARDA-42 wristband will be allowed into the start lane. Both will be handed out at the Race Package Pick-Up. Please line up in the start lane according to your estimated finish time. The pacemakers are an orientation for the times.

### **Pacers**

To avoid overcharge and ensure that you are reaching the finish line, pacers are available along the course. You recognize the pacers by their flag. They are offered at:

Pacer-times marathon: 3:30 h, 3:45 h, 4:00 h, 4:15 h, 4:30 h, 4:45 h, 5:00 h

Pacer-times half marathon: 1:45 h, 2:00 h, 2:15 h, 2:30 h

### **Refreshment stations**

Food & beverage stands from local partners are provided in the finish area in Malcesine.

Refreshment points will be set up along the run course, where water, isotonic drinks, fruit as well as bars and gels will be handed out.

### **Disposal of waste**

Packaging and other waste may only be dropped into the rubbish bins provided on the event areas and at the refreshment points. Participants who throw their rubbish on the course will be disqualified.

### **Award ceremony**

Men and women are ranked separately. Net time is taken into consideration in the result list, while 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> place are awarded according to gun time.

### **Results & certifications**

You can check your running time online after the race: [www.lakegarda42.com](http://www.lakegarda42.com).

### **Photo service**

Our PICA photographers will take photos on the course and at the finish line, which you can purchase directly after the event on

<https://www.lakegarda42.com/en/photo-service>.



### **Time limit**

The race will end at 03.40pm, thus time limit for LAKE GARDA 42 is 6.40h and for LAKE GARDA 21 is 5.55 h. Gun time will be considered.

All participants must have passed the following sections at the appropriate times:

09:10 am: Start Lungolago Limone

10:35 am: Rocca, Riva (10 km)

12:20 pm: Piazza della Canoniche, Arco (21 km)

1:35 pm: Strada Statale 249, Piazza Goethe, Torbole (29 km)

3:40 pm: Via Paina, Malcesine

### **Road closures**

Due to route safety, the following roads will be closed on 03.04.2022:

SS45bis between Limone and Riva (in both directions) from 8:30 to 10:35 am. The road through Limone is not affected.

SS249 between Torbole and Malcesine/Navene (in both directions) from 9:45 am to 3:00 pm. The road through Malcesine is not affected.

In the communities of Riva and Arco there will be temporary road closures, which can be bypassed.

### **COVID-19 Situation**

All participants must show their basic Green Pass (vaccination, recovery or rapid or molecular test with negative result) and will be obliged to wear a mask throughout the event (bib and race packet pick-up, starting lane, event area, etc.). Only during the race can the mask be removed (500 m after the start). At the finish line, masks will be handed out to all participants.

### **Objection/Complaints**

Any objection must be submitted to the two arbitrators in writing by email to [info@lakegarda42.com](mailto:info@lakegarda42.com) no later than 6:00 pm on 3 April 2022. A deposit of €100 is required for each appeal, which will be refunded in the event of a justified appeal.

### **Liability**

The organizer is not taking any responsibility for accidents and damages. Every runner needs to make sure they have an appropriate accident insurance. The organizer is covered with personal liability insurance for its own activities.

### **Final warning**

The organizer reserves the right to modify these information at any time, until 2022 April 1<sup>st</sup>. The latest version is the one applied to the event.