



## Starter Information LAKE GARDA 42

### Start eligibility

Just correctly registered and signed up athletes can participate to the race. Your registration is valid, if we obtained your full and correct personal data and you paid the registration fees (excluded cases of special authorization by the organizer).

Each runner will receive a race number at the race package pick-up. The race number needs to be worn on the chest.

### Timetable

#### Friday, 2021 March 19<sup>th</sup>

03.00pm to 08.00pm

Race Package Pick-Up (Rocca, Riva)

03.00pm to 08.00pm

Running EXPO (Rocca, Riva)

#### Saturday, 2021 March 20<sup>th</sup>

12:00pm to 08.00pm

Race Package Pick-Up (Rocca, Riva)

03.00pm to 08.00pm

Running EXPO (Rocca, Riva)

06.00pm to 09.00pm

Pasta Party (tbd, Riva)

06.00pm

Start LAKE GARDA KIDS I (Rocca, Riva)

06.15pm

Start LAKE GARDA KIDS II (Rocca, Riva)

#### Sunday, 2021 March 21<sup>st</sup>

08.30am

Opening Start Area (Lungolago, Limone)

08.45am

Warm-Up in Start Area (Lungolago, Limone)

09.00am

Start LAKE GARDA 42 + 2x21 (Lungolago, Limone)

10.00am

Start LAKE GARDA 21

(Piazza della Canoniche, Arco)

10.00am to 04.00pm

Gastro EXPO (Via Paina, Malcesine)

11.10am

Expected Finish Winner LAKE GARDA 21

(Via Paina, Malcesine)

11.30am

Expected Finish Winner LAKE GARDA 42 + 2x21

(Via Paina, Malcesine)

01.00pm

Award Ceremony LAKE GARDA 42 + 2x21 + 21

(Top 3 Women, Men, mixed) (Via Paina, Malcesine)

03.40pm

End of LAKE GARDA

### Race package Pick-Up

You can pick up your race package during the following times:

#### Friday, 2021 March 19<sup>th</sup>

03.00pm to 08.00pm

Race Package Pick-Up (Rocca, Riva)

#### Saturday, 2021 March 20<sup>th</sup>

12:00pm to 08.00pm

Race Package Pick-Up (Rocca, Riva)



We recommend picking up the race number and goody bag as soon as possible, since long waiting times and lines could occur on race day. If a discount is applied to your participation fee, please also bring a valid ID.

### **Changing rooms & luggage drop-off points**

Changing rooms are available on the whole event area. You can drop off your personal changing clothes at the start in Limone and in Arco. The bag needs to be labeled with the provided colorful tag. The bag can then be picked up at the switching zone in Arco and/or at the finish line in Malcesine. The organizer will not take any responsibility for theft.

### **Timing**

Every participant needs to wear their own personal race number, since the time measurement chip is attached to it. Thus, race numbers cannot be exchanged and needs to be worn on the chest.

### **WC**

Toilets are available on the whole event area and are marked accordingly.

### **Pacers**

To avoid overcharge and ensure that you are reaching the finish line, pacers are available along the course. You recognize the pacers by their flag. They are offered at:

Pacer-times marathon: 3.30h, 4.00h, 4.30h, 5.00h

Pacer-times half marathon: 1.45h, 2.00h, 2.15h, 2.45h

### **Refreshment stations**

Numerous food stands and offers from local partners are provided in the finish area in Malcesine.

Of course, you find refreshments station with water and energy drinks also along the path.

### **Award ceremony**

Men and women are ranked separately. Net time is taken into consideration in the result list, while 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> place are awarded according to gun time.

Check the timetable.

### **Results & certifications**

You can check your running time online after the race: [www.lakegarda42.com](http://www.lakegarda42.com).

### **Time limit**

The race will end at 03.40pm, thus time limit for LAKE GARDA 42 and LAKE GARDA 2x21 is 6.40h and for LAKE GARDA 21 5.40h. Gun time will be considered.

All participants need to pass at the following times these points:



09.10am: Start Lungolago Limone

10.35am: Rocca, Riva (10 km)

01.10pm: Piazza della Canoniche, Arco (21 km)

02.20pm: State Road "Strada Statale" 249, Piazza Goethe, Torbole (29 km)

03.40pm: Via Paina, Malcesine

### **Liability**

The organizer is not taking any responsibility for accidents and damages. Every runner needs to make sure they have an appropriate accident insurance. The organizer is covered with personal liability insurance for its own activities.

### **Complaints**

Complaints can be submitted in writing on 2021 March 21<sup>st</sup> until 06.00pm. The complaint needs to be accompanied by a fee of €100.00. The fee will be returned if the complaint is upheld.

### **Final warning**

The organizer reserves the right to modify these information at any time, until 2021 March 19<sup>th</sup>. The latest version is the one applied to the event.